

Monthly Focus

NEWSLETTER

FEBRUARY 2026

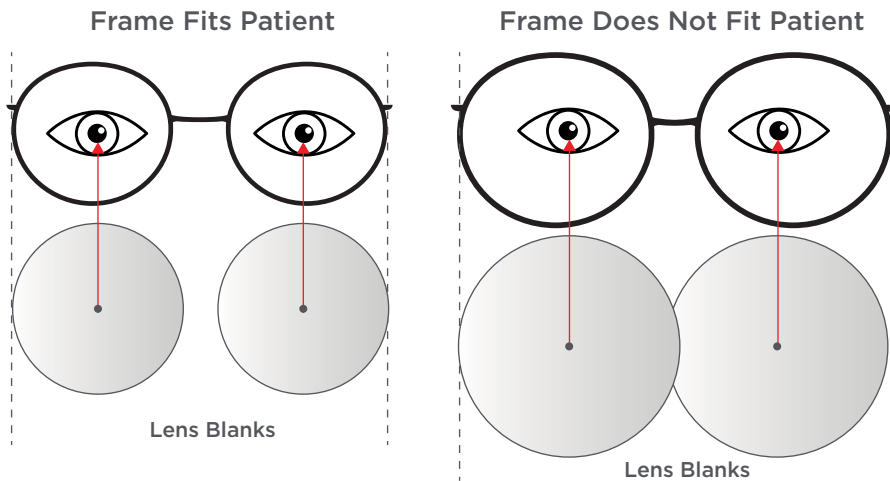
Choosing the Right Frame

A Simple Guide to Better Fit, Better Vision, and Happier Patients

Frame selection isn't just about style. The right frame plays a critical role in lens performance, comfort, and patient satisfaction. One of the easiest ways to reduce non-adapts and remakes is to evaluate pupil alignment and decentration before placing the order. A few quick checks can make a big difference.

How Does Frame Choice Affect Lens Thickness?

The larger the frame the bigger the lens blank needs to be. As you increase lens blank size you increase the thickness of the lens either in the middle for a plus lens or at the edge for a minus lens.



Quick Frame Check: Is This the Right Fit?

Before proceeding with the frame, ask:

- Are the patient's pupils centered in the frame?
- Does the frame size support proper lens placement?
- Is the decentration within acceptable limits?

PRO TIP The lower the decentration number, the higher the chance of a happy patient.

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UPCOMING EVENTS

- FEB 13** **WEBINAR**
Optics 102: Light Transmission, Digital Lenses and Boxing Systems
11:00 AM - 12:00 PM CST
- FEB 20** **WEBINAR**
Revolutionizing Vision Care: Unity Via Elite VR
11:00 AM - 12:00 PM CST
- MAR 06** **WEBINAR**
Optics 103: Position of Wear Measurements, Decentration and Lens Thickness
11:00 AM - 12:00 PM CST
- MAR 21** **LIVE EVENT**
Walman Education Summit - Lynnwood, WA
7:00 A.M. - 4:00 P.M. PST
- MAR 28** **LIVE EVENT**
Walman Education Summit - Bloomington, MN
7:00 A.M. - 4:00 P.M. CST



Register today
at www.ecpadvantage.com.

How to Calculate Decentration

$$\text{Frame Decentration} = \frac{\text{Frame PD}^* - \text{Patient PD}}{2}$$

*Calculating Frame PD

$$\text{A} + \text{DBL} = \text{Frame PD}$$

Eyesize/Lens Size Bridge Size

Examples:



Decentration Tolerance Guidelines

For best results, aim for less than 3–4mm per eye for optimal comfort and performance

Do not exceed maximum tolerance of 5mm per eye in everyday frames and 7mm in wrap frames. Exceeding these limits can increase lens thickness, unwanted prism, discomfort, and remakes.

Examples:

Everyday Frame	Everyday Frame	Wrap Frame
Frame Size: 52/17 Patient PD: 65	Frame Size: 53/17 Patient PD: 62	Frame Size: 62/17 Patient PD: 65
Decentration = $\frac{(52+17) - 65}{2}$	Decentration = $\frac{(53+17) - 58}{2}$	Decentration = $\frac{(62+17) - 65}{2}$
Decentration = 2mm YES	Decentration = 6mm NO	Decentration = 7mm YES

Join us for Optics 103 on March 6 to learn more on Decentration and the effects on Lens Thickness.
Register today on [ECPAdvantage.com](https://www.ecpadvantage.com)



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